



## WEEKLY NEWSLETTER – 26TH MAY 2023

### HEADTEACHER UPDATE

Dear Parents and Carers,  
We cannot believe that we are already approaching the halfway point of the Summer Term! To begin we would like to celebrate our Year 6 and Year 2 children for the composure and determination that they have demonstrated in undertaking their national assessments this month. We hugely appreciate all of the hard work and commitment from the children, the teaching teams and our parents and carers. We are incredibly proud of all of the children and we hugely thank everyone for their support.

We very much look forward to our Community Month where we shall be welcoming lots of wonderful visitors into school. We also have our Sports Afternoon on the 26th of June and we are extremely lucky to be able to provide some mental health transition sessions for our year 6 children. All in all it will be an incredible few weeks!

It has been wonderful to see the children enjoying the warmer weather and we hope that the sunshine will continue over the half term break. We wish you a relaxing and fun-filled half term when it arrives and we look forward to welcoming the children back to school for the final half term of this academic year on Monday 5th June

Miss Victoria Kirkman

Interim Executive Headteacher

### DATES FOR THE DIARY

DATE	EVENT
26.05.2023	School Closes for Half-Term
05.06.2023	School Re-Opens + Yr4 Multiplication Tests Commence
08.06.2023	Empathy Day for EYFS—Draw with Rob
09.06.2023	Diversity Role Models in School
12.06.2023	Phonics Screening
15.06.2023	Yr6 Quidditch Day at Admiral Long School
16.06.2023	Class & Leavers Photos + Inter Schools Football Tournament + Celebrations Assembly with Miss Kirkman
21.06.2023	Armed Forces Day + Water Safety Talks in School
22.06..2023	NSPCC Visit + Yr6 Mental Health Transition Session
26.06.2023	Sports Day in the Community Field—1.15pm
29.06.2023	Yr6 Mental Health Transition Session
30.06.2023	Walk to School Day + Movie Night

Please may we remind all parents/carers to continue reading at home with your child each evening and to complete the reading record when you have done so. Studies have shown that reading for pleasure with your child makes a huge difference to their educational performance.



## UPDATES AND REMINDERS

Heading in to the final half-term of this academic year and our calendar is jam packed! A list of diary dates will be sent out week commencing Monday 5th June, in the meantime, please see below for a snippet of our events ...

### **16th June: Class Photos & Leavers Photos:**

Let's see your best smiles and hear you all say 'Cheese'!

### **16th June: Celebrations Assembly with Miss Kirkman:**

We hope that you will be able to join us to celebrate our children's achievements.

### **23rd June: Careers Morning and Open Afternoon:**

We are still looking for any parents that may be able to come into school to talk to the children on Careers Morning. If you would like to take part please complete the form sent home recently and return to school as soon as possible so that we can begin to plan the event.

### **26th June: Sports Day Hosted by Sports Cool:**

We would love you to come along and cheer on our teams at our Sports Afternoon on the 26th of June. The Sports will begin at 1.15pm and will be organised by Chris from Sports Cool.

### **30th June: Movie Night:**

We will once again be holding our famous movie night—more details and film choices to follow.

### **17th July: Leavers Assembly:**

Get your hankies ready to say goodbye to our incredible Year 6 children on the 17th of July. The assembly will start at 2.15pm and refreshments will be available afterwards courtesy of our incredible Friends Committee.

## House Point Tally

**Fire—TBC**

**Earth - TBC**

**Water - TBC**

**Air - TBC**



## UPDATES AND REMINDERS

### Community Month

Through the month of June we shall be holding various Community events in school. Below is our timetable of just some of those events:

#### 8th June:

Empathy Day—EYFS will be taking part in 'Draw with Rob'. Empathy Day is a national event which inspires children, young people and families to develop this human superpower and change the world!



#### 9th June:

Following on from our Diversity Role Models Workshop for parents, we are delighted to be welcoming Lindsey Parr back into school for our KS2 pupil workshops. These fun and educational classroom-based workshops allow students to explore different types of families through activities, storytelling and interaction with LGBT+ or ally role models, adapted throughout the year groups to maintain developmentally appropriate content. Students are inspired to celebrate diversity, challenge bullying and create a safe and welcoming school environment for all. You can find more information on their website.

<https://www.diversityrolemodels.org/education-services/student-workshops-primary>



#### 22nd + 29th June:

We are incredibly lucky and very grateful to have Mrs Preston coming into school to deliver two mental health transition sessions to our year 6 children. Mrs Preston is a Chartered and Registered Psychologist, with 10 years of experience in this field.

The sessions will be as follows:

Session 1. Transitions - fears, resistances, worries and how to navigate these including reflections about strengths, talents, morals and ethics (my developing personality)

Session 2. The adolescent brain - child to adolescent brain changes and the impact this has on parent and peer relationships in teen years

An information/consent form will be sent out to year 6 parents to complete next half-term, in advance of the sessions taking place, so please do look out for these.

Please see below for additional transition support

<https://www.youngminds.org.uk/media/2odjktz/top-ten-tips-for-parents.pdf>

**Choose health**  
Know what affects your child, what makes them grumpy, hyper, disconnected...  
Do they need snacks throughout the day?  
Do they need lots of sleep?  
Do they need to get out and about and do exercise?  
Do they need time alone?  
Trust that you know your child and give them the basics that they need to cope with difficult days.

**Work together**  
Share ideas about how to:  
• create action plans  
• have a problem-solving approach  
• enjoy achievements  
• be forward-looking  
• show them that we can all get things wrong

**Move on up**  
Encourage independence  
• help them to move positively from child identity towards teen identity  
• increase their responsibilities  
• be positive whenever they act maturely  
Be aware of your child's changing needs. Sometimes it might feel like one step forwards, two steps back.

**Be calm**  
Try to stay calm whilst your child is feeling distressed. Your child may show:  
• highs and lows  
• meltdowns  
• anger  
• blame  
• self-centredness

**Communicate**  
The small things you do make all the difference:  
Keep talking, texting, listening, hearing, hugging, sympathising, smiling, reassuring, checking, sharing, suggesting, encouraging, respecting

**Get learning**  
Be involved, find out more and talk about:  
• social media  
• internet benefits and dangers  
• new music  
• language and slang  
• current affairs  
• what it's like to be young in the current world

**Be wise**  
As they discover new things, try to:  
• be interested  
• be non-judgmental  
• guide  
• give boundaries  
• see it from all sides  
• listen to their point of view  
• choose your words carefully  
• act on warning bells

**Be the anchor**  
In times of change you are:  
• constant  
• family  
• familiar  
• routine  
• in-jokers  
• initiating  
• comforting  
• home

**Have fun**  
Provide lots of light relief:  
• be silly  
• be embarrassing  
• play games  
• laugh together  
• do stuff together  
• make jokes  
• make things  
• be outside

**Look after yourself**  
Support yourself, to best support your child:  
• lean on friends  
• offload on other family  
• find 'me time'  
• see the GP  
• relax, exercise  
• sleep well, eat well  
• remember tomorrow is a new day

## FRIENDS UPDATES AND REMINDERS

### Friends Update

Thank you to all those families that donated to our Coronation Day Celebrations, we raised £34 which will be added to our total funds for the year



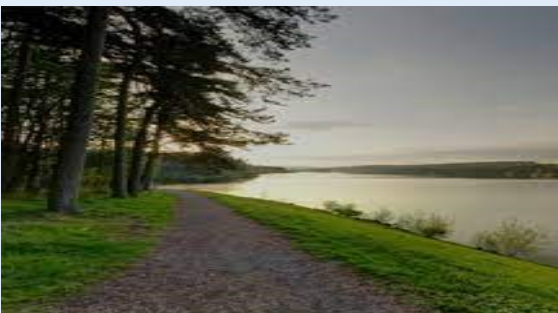
### Save the Dates:

**Friends Bingo Evening** - TBC—Sadly we were unable to go ahead with our bingo night as planned, but we are looking at an alternative date and we will let you know as soon as we can.

**Fewston Teas**—As a reminder Fewston Teas will take place on 24th and 25th of June. Fewston Teas is an annual event where the Friends of Kettlesing host a café in a beautiful setting at Fewston Village Hall. It is one of the key fundraising events for the Friends of Kettlesing, a great day and chance to bring extended family to enjoy home made lunches and cakes!

We are currently looking for volunteers to help on both days—even a couple of hours would be a huge help! - and also donations of food and baking.

A list will be available very soon and we would be extremely grateful for any help/donations you may be able to give.



**Annual Summer Fair**—Date TBC—It's coming to that time of year again when we start to think about our annual Summer Fair. This is always a lovely way to end the year and we hope that you will all be able to join us for this event. Further details to follow.



# Safeguarding

This month, with the arrival of warmer weather, we would like to focus on Water Safety.

Enjoy Water Safely



Royal Lifesaving Society UK (RLSS) Top Tips

Drowning accidents are especially high in the summer months and over the last few years, RLSS have heard of too many tragedies that could have been avoided. Every year people drown both at home and on holiday because they don't take simple precautions, RLSS want people to enjoy the water safely. In the last 5 years, 39% of all UK drownings occurred in June, July and August. Here are their top tips:

## Look out for lifeguards

If you're looking for a place to cool off always find a lifeguarded swimming site.



## It's colder than it looks

Water at open water and inland sites is often much colder than it looks, cold water can affect your ability to swim and self-rescue.



## Don't go too far

Always swim parallel to the shore, that way you're never too far away from it.



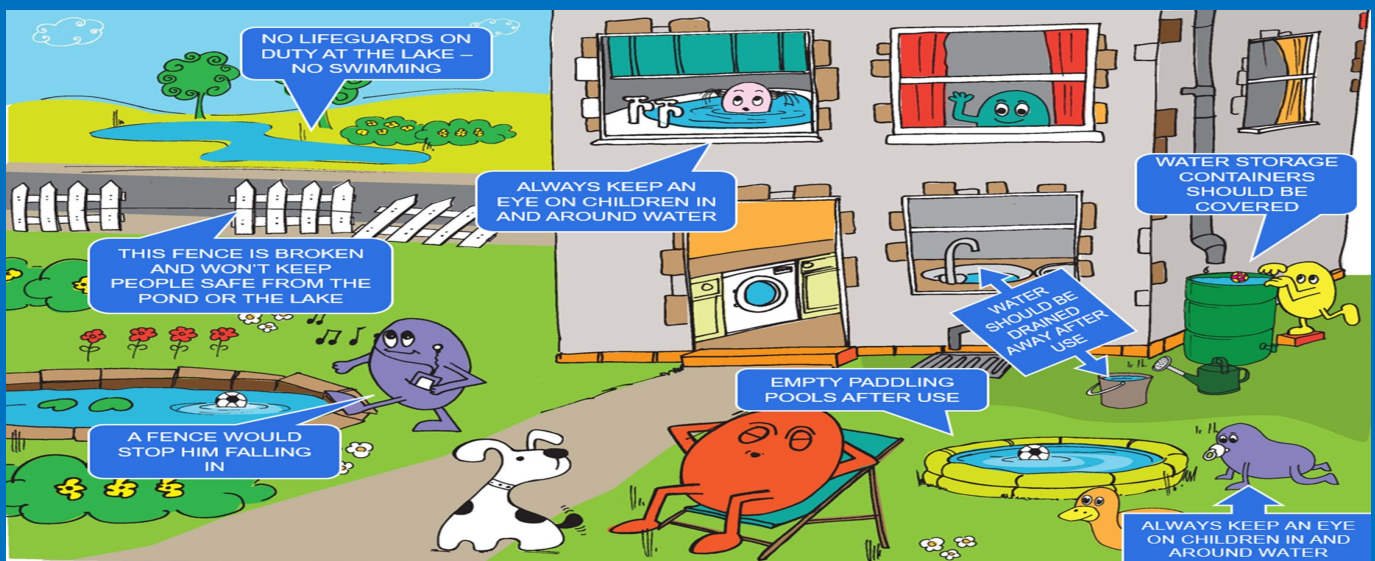
## It's stronger than it looks

Currents in the water can be very strong. If you find yourself caught in a rip current – don't swim against it – you'll tire yourself out. Swim with the current and call for help.



## Bring a friend

Always bring a friend when you go swimming so if anything goes wrong you've got someone there to help.



If you are concerned about a child's welfare please contact:

Miss Victoria Kirkman Designated Safeguarding Lead

Miss Rebecca Foy Deputy Safeguarding Lead

Ripley 01423 770160, Kettlesing 01423 770576 Beckwithshaw 01423 504642

Safeguarding

# Hear to Help



**Dealing with anxiety,  
low mood,  
bereavement or  
isolation?  
Our Just 'B' specialist  
support workers are  
ready to listen.**

Community Support Helpline available to children,  
young people and adults across Harrogate,  
Hambleton, and Richmondshire.  
**8am-8pm, seven days a week.**

**(01423) 856 799**

A service provided by Just 'B', part of Saint Michael's Hospice and Herriot  
Hospice Homecare. Calls are charged at local rates  
<https://bit.ly/localcallcharges>

North Yorkshire Hospice Care is a registered charity in England and Wales (518905) with a family of  
services operating as Herriot Hospice Homecare, Just 'B', Saint Michael's Hospice and Talking Spaces.  
North Yorkshire Hospice Care is a company limited by guarantee, registered in England and Wales  
(2121179). Registered address Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.

# Extra Curricular Activities



## ENCHANTED TRAIL

A host of magical creatures have created their very own trail within the Arboretum - a maze of doorways, hidden spaces and enchanting scenes. They are asking families to come and share in the beauty of their mythical world this half term.

Nestled in 100 acres of woodland, our enchanted trail will be running daily from Sat 20th May - Mon 5th June. Our resident Gnome and visiting fairy will also be here to hand out prizes and to help with the odd bit of fishing!

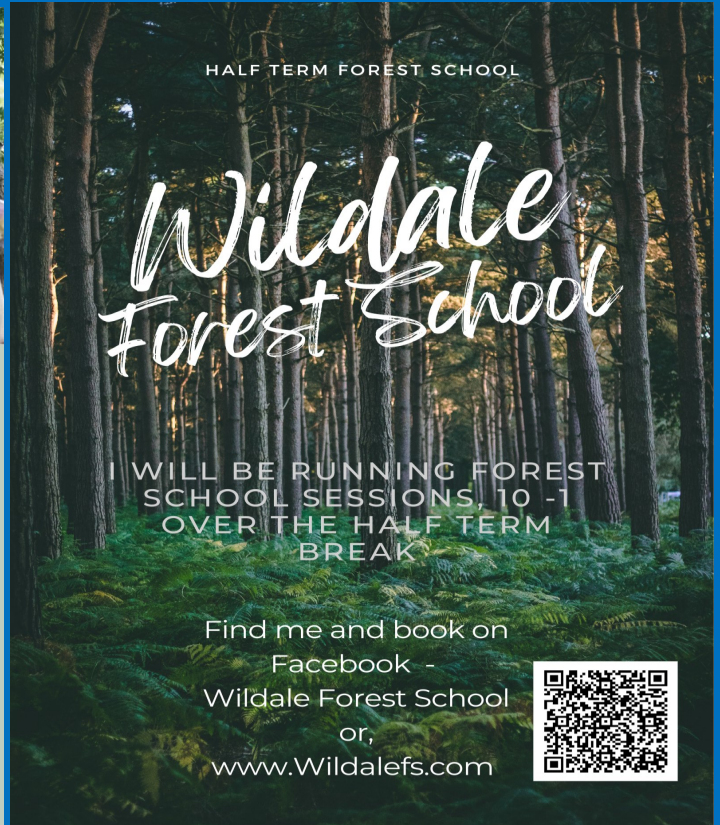
Standard admission applies and trail sheets are £2.50 and can be bought on the day, a prize is given to all.

(Gnome visiting dates 21st May, 28th May - 4th June except 3rd June)  
(Fairy visiting dates 20th & 27th May, 3rd June)

follow us on



For full information,  
visit [thorpperrow.com](http://thorpperrow.com)  
or call 01677 425 323



HALF TERM FOREST SCHOOL

## Wildale Forest School

I WILL BE RUNNING FOREST  
SCHOOL SESSIONS, 10 - 1  
OVER THE HALF TERM  
BREAK

Find me and book on  
Facebook -  
Wildale Forest School  
or,  
[www.Wildalefs.com](http://www.Wildalefs.com)



## RIPON Theatre FESTIVAL

• for families •

7-11  
June  
2023

**Storytelling**  
**Open-air theatre**  
**Puppet shows**  
**Hands-on  
activities**  
**Street  
entertainment**

[www.ripontheatrefestival.org](http://www.ripontheatrefestival.org)



# Extra Curricular Activities

Sponsored by  
**YOUR**  
COUNCIL



**THE 'NOT SO' GRIMM TWINS**  
SAT 27 MAY

LITTLE STAGES  
FESTIVAL



**DINO LIVE**

THORNTON HALL COUNTRY PARK

LIVE DINO SHOW PLUS LOTS OF ROARSOME FAMILY FUN

27TH MAY - 4TH JUNE '23

NEW DINOS & LIVE SHOW



**Sow Awesome**  
– May Half Term

SAT 27 MAY – SUN 4 JUN



**Treasure Island**

May Half Term

Sat 27th May - Sun 4th June

[www.mothershippton.co.uk](http://www.mothershippton.co.uk)



# Extra Curricular Activities

**UV Cave Tour**  
from 15:00 27th May - 4th June

See the cave in a different light as the calcite rock magically glows from your special UV torch.



**Little Explorers**  
27th May - 4th June

All kids get to choose a quiz to do on their Cave tour.  
These are Prehistoric Dino egg hunt, Fairy door hunt, Fossil hunt, Pirates quiz



**JOIN MEGALODON MICKEY'S GOLDEN TOOTH HUNT**

Find a tooth and win one of 20 amazing prizes!

We're celebrating 20 years at Stump Cross Caverns by giving away 20 golden teeth from Mickey the Megalodon.



**Fossil and Gem Digs**  
09:30 - 10:30, 13:30 - 14:30  
27th May - 4th June

Take part in one of our hugely popular fossil digs and explore the fascinating history of Stump Cross Caverns.

