KETTLESING FELLISCLIFFE

WEEKLY NEWSLETTER – 31ST MARCH 2023

HEADTEACHER UPDATE

DATES FOR THE DIARY

Dear all,

As I write this, I am sat looking at the school calendar for the remainder of the academic year in awe that we have come so far in such a short space of time as a school community. It does not seem five minutes since you all welcomed me warmly to the federation a year ago and we now find ourselves moving into the Summer Term 2023!

Our children, after Easter embark on Statutory Assessments and we await further Ofsted visits at Beckwithshaw and Kettlesing. In the meantime, we hope to be able to share the outcome of the recent inspection at Ripley which again recognises the hard work of all. Staff continue to work tirelessly; sharing the vision for school improvement in order to positively impact your children's life chances and I feel very proud of all stakeholders. Every decision is made with children first: children being at the heart of everything – it is this, when we place children first, that we really impact outcomes and transform their lives.

Our journey thus far has been one in which we can truly say that we have all worked, together, positively and proactively to provide what our children deserve: a world-class school experience where children flourish both academically and pastorally.

Wishing you all a restful Easter holiday. Miss Kirkman

DATE	EVENT
31.03.2023	School Closes at 3.30pm for Easter
17.04.2023	Teacher Training Day— School Closed
18.04.2023	School Re-Opens
01 + 08.05.2023	Bank Holidays—Mat Day + Coronation
09- 12.05.2023	SATs Week
12.05.2023	Walk To School Day
26.05.2023	School Closes at 3.30pm for Half-Term
29.05- 02.06.2023	Half Term
15.06.2023	Year 6 Quidditch Event at Admiral Long
16.062023	School Photos + Leavers Photos
21.06.2023	Armed Forces Day
26.06.2023	Sports Day at 1.15pm
19- 21.07.2023	Year 6 Low Mill Federation Residential

Please may we remind all parents/carers to continue reading at home with your child each evening and to complete the reading record when you have done so. Studies have shown that reading for pleasure with your child makes a huge difference to their educational performance.



The Kettlesingers Choir Competition

We are delighted to say that for the second year running our incredible Kettlesingers came first in the Ashville College Small Schools Category at their Choir Competition. Mrs Brown was so proud of all the hardwork that the children had put in to their rehearsals in preparation for this event and it certainly paid off! We are so proud of each



and every one of the children that took part and a special mention goes to Lily, who was such a big help on the day with the younger children. Lily also came 3rd in the Solo Musical Theatre Category, which this year was of an extremely high standard. Well done to all of you!

The Royal Hall Rural Schools Concert

Keeping up with the musical theme we would like to say well done to all of our children that took part in The Royal Hall Rural Schools Concert last Friday. The children had been rehearsing as often as they could and spent a full afternoon in rehearsals at The Royal Hall, followed by the concert in the evening. The children behaved impeccably and were patient while the other schools ran through their songs. I think everyone that managed to attend the concert would agree that it was

an incredible evening of songs and entertainment which ended with a phenomenal grand finale where 200 children all took to the stage for the final number. Thank you to Miss Miller for all the hours that she spent rehearsing with the children and for accompanying them to the event. We would also like to thank those parents that donated to the hamper which was raffled off and all proceeds given to the Harrogate and District Hospital and Sir Robert Ogden Trust Charities.



House Point Tally

Fire—147

Earth - 129

Water - 136

Air - 126





FRIDAY 17th MARCH - RED NOSE DAY

We really enjoyed seeing all of the children's accessories and we would like to say a huge thank you for all your kind donations for Comic Relief's Red Nose Day, we raised a fantastic **£50.60!**

Federation Netball Tournament

The children had a fantastic afternoon at our Federation Netball Tournament last week. We were also joined by Admiral Long and Birstwith schools to make this a really great competition. The children showed great team spirit in every match. Thank you to Mr Farrimond for organising and running this event and to Miss Marcroft for accompanying the children. We look forward to many more sporting events in the future



Cycle Proficiency Level1&2

Our Year 6 children had an amazing two days with Dave from I Want To Ride My Bike this week. On Tuesday they learnt how to ensure that their bikes are road worthy and safe to ride and also

practiced their signalling and turning and on Wednesday they rode around the village, manoeuvring around parked cars, learning how to be safe on a junction, and just see how different it is cycling on a main road. A huge thank you to Dave for his patience and imparting these skills and thank also to our incredible Friends committee who paid for this event. We know that the children had lots of fun but also learnt some valuable life skills.



Forest Schools & Updates From Mrs Bowman

Forest school was great and so much fun. Madeline comments how beautifully behaved the children are.

Next ½ term Mrs Bowman's topic is growing and we hope to make a garden centre inside with a cafe area for our role play. If anyone has any fake plastic flowers they don't want anymore they would be gratefully received. Also any seed plant catalogues or if you visit any garden centres and there are freebies going please bear us in mind!



School Lunches Price Increase

From Monday the 17th of April there will be an increase to the cost of school lunches for our

KS2 children . The price will increase to £2.90 per meal. County Caterers have done their best to keep the cost down for our parents but this increase has unfortunately been unavoidable.

There is no change to the current cost for our Nursery children

Request From Mrs Bowman



We always feel very blessed to have such caring, generous, supportive parents in our school and with that in mind, we wanted to reach out with regard to our nursery provision.

We have not advertised the nursery since pre-Covid but feel that now would be a good time to do so and in order to do this we would need a professional flyer that we can put onto our social media sites, school website, local shops etc. so we wondered whether there were any talented parents out there who would be able to put something together for us.

We would love to have something eye catching that tells the local community about the incredible provision that we have.

Once the flyer has been put together we would love to send each of the children home with a copy in the hopes that our families can display these on our behalf, in local shops, community centres, wherever they will be seen and hopefully relevant for new families.

If there is anyone willing and able to produce something for us we would be extremely grateful and would ask you to please get in touch and we can discuss requirements.

We also have some sessions available currently, which is unheard of generally, so we wondered whether parents would spread the word, and if you know anyone who may be looking for a place, please do ask them to get in touch so that we can discuss availability with them

Thank you in advance.



London Marathon

Many of you will know Chris O'Connor who runs our fantastic Sports Cool After School and Holiday Clubs but what you may not know is that Chris has been training hard for this years London Marathon. This is a little about why he has undertaken this challenge...

Coach Chris from Sports Cool here. If you were not already aware, I am running the London Marathon in less than 4 weeks!

I got a place running and raising money for The Children's Society. I have clocked up many miles over the last few months with only 1 more long run left of 22miles! (If you see me running around, let me know)

Here is a bit about the Children's Society...

The Children's Society transforms the hopes and happiness of young people facing abuse, exploitation and neglect. We fight for hope by deeply understanding the needs of young people, supporting them through their most serious life challenges, and campaigning tirelessly for the big social changes that will improve the lives of those who need hope most. In the decade ahead, our focus and goal will be to overturn the damaging decline in wellbeing, ensuring this generation can have a happier, safer childhood.

If you believe this is something that is important to you, please show your support by clicking the link below and donating! Any and all donations are amazing!!

https://www.justgiving.com/fundraising/chris-o-connor23? utm_source=copyLink&utm_medium=fundraising&utm_content=chris-oconnor23&utm_campaign=pfp-share&utm_term=1e8d93b44c6a4e1da94189fc7f8a474c

On behalf of all at Kettlesing Felliscliffe school we would like to wish Chris the very best of luck!



Friends Update

Thank you again for all the support for the Friends of Kettlesing this is greatly appreciated. The Friends of Kettlesing

help organise events and raise funds that are used for the benefit of all the children at school.

In terms of events for this term the Pub Quiz was a great success raising £235 including a very generous donation from a local resident and The Queen's Head pub.

This term Friends have supported:

Purchasing 5 laptops to be used in classrooms (c.£2745)

Cycling proficiency for Year 6 children (this is something that we hope to have sufficient funds for in the future so that it can become a regular event for all children when they reach Year 6) (£360)

Thanks again for all the support and donations.

Details of the next meeting will be confirmed after the Easter holidays and everyone is welcome, all support and volunteers of time or ideas greatly received!

Save the Dates: Friends Bingo Evening - Friday 19th May 2023 in the Village Hall—Time TBC

Fewston Teas will take place on 24/25 June. Fewston Teas is an annual event where the Friends of Kettlesing host a café in a beautiful setting at Fewston Village Hall. It is one of the key fundraising events for the Friends of Kettlesing, a great day and chance to bring extended family to enjoy home made lunches and cakes!







Safeguarding

Road Safety

With the school holidays fast approaching we would like to remind parents and children about the importance of road safety



Further information can be found at Think! https://www.think.gov.uk/education-resources/

Think! Look how far we have come https://www.youtube.com/watch?

If you are concerned about a child's welfare please contact: Miss Victoria Kirkman Designated Safeguarding Lead Miss Rebbeca Foy Deputy Safeguarding Lead Ripley 01423 770160, Kettlesing 01423 770576 Beckwithshaw 01423 504642

Safeguarding

This month we would like to focus on Mental Health and Wellbeing.

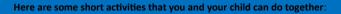
Useful websites

The importance of talking to your child

https://www.youngminds.org.uk/

Talking to your child about how they're feeling can be hard. You might feel like you don't know where to start or when a 'good time' to talk is.

By taking 20 minutes to do an activity you both enjoy, you can create a relaxed space for getting the conversation started. Here, we've got lots of activity ideas, conversation starters and advice for making talking easier.



•Play a ball game. Football, catch, basketball, dodgeball ... there are endless ball games to choose from. You can ask your child to pick a game they'd like to play or ask them about their favourite sports team.

•Ready, set... bake. Baking is a great way to have fun together and there are so many bakes to choose from including with fairy cakes, scones, traybakes or energy balls.

•Create something together. There are so many things you can make in 20 minutes. This can be as simple as doing a paint-by-numbers, jigsaw, designing your own Birthday or thank you cards, or trying something new like painting your own T-shirt designs.

•Draw cartoons of each other. Sometimes, all you need is pen and paper. Create cartoon drawings of one another, and other family members, cats, dogs, fish – have fun! You could also try drawing with your eyes closed or not taking your pen off the paper to add an extra challenge.

•Indoor picnic. 20 minutes isn't quite enough time to head out to the beach with a picnic blanket, but it's perfect for having one indoors. Lay out a blanket, pick out your family's favourite finger food and have a picnic in the comfort of home.

•Tech-free games. Take a screen break with tech-free games like 20 questions, cat's cradle, marbles, jacks, the floor is lava, skipping and more. There are so many 20 minute games to choose from.

•Indoor treasure hunt. Hide some things (such as toys, messages or even sections of a story) around the into a game by challenging them too sing in the style of their favourite film or TV character. house, create some clues and see if your children can guess where they are!

•Put on your dancing shoes. If your child loves to dance, let their feet do the talking. Ask them to pick out their favourite song and dance like you mean it!

•Sing it. From car singing to serenading the family in the kitchen, turn up your favourite ballads and sing along. You could turn it

Here are some things you could ask to get the conversation started:

•What was the best bit of your day?

- •What was the worst bit of your day?
- •What did you do today that made you proud?
- •How are you feeling?
- •What would you like to talk about?

If your child is having a hard time, you can try to find out how they'd like to be supported by asking gentle questions like:

•How can I support you through this?

- •Do you want to talk about what's going on?
- •Is there anything you need from me? Space, time to talk, time to do something fun?
- •What was the biggest problem you had today? What helped?





https://

www.youngminds.org.uk/

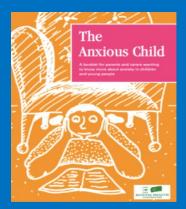




https://www.annafreud.org



https://www.mind.org.uk



A booklet for parents and carers wanting to know more about anxiety in children https:// www.mentalhealth.org.uk/ sites/default/files/ anxious_child.pdf



Check out CBeebies for some calming bedtime sounds https://www.bbc.co.uk/ cbeebies/curations/radiocalming-sounds Safeguarding

10 WAYS TO HELP YOUR CHILD LOOK AFTER THEIR MENTAL HEALTH

WWW.BELIEVEPERFORM.COM



ROLE MODEL

Be a positive mental health role model. Demonstrate positive behaviours which your child can learn from you

SLEEP

Support your child to habits. Develop a good sleep environment with your child

PLAY

Promote play and creativity among your child. Allow them to explore

@BELIEVEPHQ



TALKING

Support your child to talk about their problems and how they are feeling

COPING SKILLS

Work with your child to develop coping skills. Support your child to learn skills such as problem solving and thought challenging

WELLBEING

Promote healthy eating and physical activity. Exercise is a great tool to boost mood and reduce stress and anxiety

SELF CARE

Make sure your child has time and space to look after themselves. Involve yourself in their hobbies



AUTONOMY

Allow your child to make their own decisions. This will help to build resilience

RELATIONSHIPS

Support your child to build positive relationships with friends and family



relax. Teach them relaxation skills such as deep breathing





www.mothershipton.co.uk







CASIER HOLIDAI FAMILI ACTIVITE Tuesday to Thursday during the Easter holidays (4th, 5th, 6th & 11th, 12th, 13th) between 12pm & 3pm. Daily Easter Egg trail & colouring.

Egg decorating 💭 baking hot cross buns 💭 Easter Egg trail 💝 Easter colouring

Heritage Fund

Supported using public funding by ARTS COUNCIL ENGLAND

www.riponmuseums.co.uk 01765 690799





Thorp Perrow



Easter Fun! 25th March – 17th April – 10am – 3pm

Step into the pages of Beatrix Potter's magical tales on our family-friendly trail. Come along and see if you can spot Mrs Tiggy-Winkle, Peter Rabbit, Jeremy Fisher and other well-known characters surrounded by fun and imaginative scenes.

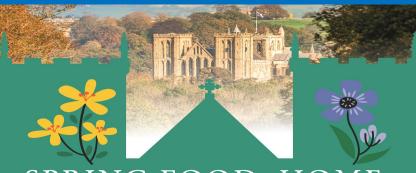
New! This year's trail comes to life over the Easter Weekend! Your little explorers can meet Beatrix Potter and Mr McGregor over the Easter Weekend as they collect clues for their trail prize.

The trail will run from Saturday 25th March to Sunday 16th April (with live-action Friday 7th April to Monday 10th April inclusive).

Standard Entry applies. Trail sheets can be purchased on the day at an additional cost of £2.50 which includes a prize for all!

Just a kindly reminder that by pre-booking your entry tickets via our website, you make a saving versus purchasing on the day www.thorpperrow.com





SPRING FOOD, HOME AND GARDEN FAIR SATURDAY 15 APRIL 10AM - 4PM

70+ INDEPENDENT TRADERS | PETTING FARM CHOCOLATE TOMBOLA | LIVE MUSIC POP UP CAFE | PLANT STALL



TICKETS AND FURTHER DETAILS: Advance tickets: Adults £5 Online or on the door Children under 16 go free



R Raworths.



Good Friday, 10.30am



Join us at our Good Friday service for children and families, where we will remember Jesus' death on the cross and how it shows God's incredible love for us all. This amazing story will be told by the children and young people who have been attending our Holy Week workshop. At the end of the service we will be serving drinks and hot cross buns.

RIPONCATHEDRAL.ORG.UK

Journey to Jerusalem Holy Week Workshop Easter Activities for Children

Cathedra

Wednesday 5th and Thursday 6th April 10am to 12.30pm

Join us for craft, singing and drama as we explore the great stories of Easter.

For children aged 4 and over. Children aged 4 or 5 must be accompanied. Children will be provided with a sandwich lunch. Booking is essential. There is a recommended donation of £5 per child. For more information and to receive a booking form, please email darcyallen@riponcathedral.org.uk

RIPONCATHEDRAL.ORG.UK



Join us for some rubbish fun!

- Try the Easter Challenge find clues solve the
- Meet the Rotters use pedal power to make delicious smoothies
- Take a tour (age 7+) see what happens to your rubbish when you put it in the bin
- Get crafty make something from items in your recycling bin

Allerton Waste Recovery Park Knaresborough HG5 OSD (off A168 between Walshford and Boroughbridge)

For more information and to book your place go to www.thalia.co.uk

ST JOSEPH'S PRIMARY SCHOOL

11TH APRIL

12TH APRIL 13TH APRIL

14TH APRIL*

@SportsCool Leeds North

DATES

3RD APRIL

4TH APRIL

5TH APRIL



Harrogate Town AFC - EnviroVent Challenge

Send your ideas on how EnviroVent could reduce the amount of cardboard they use to Harry, be as creative as you can! Send them in however you want:



Don't forget, we're trying to save the environment, so the less paper the better.



In the community together supporting sustainability initiatives



THREE BRAND NEW COURTS with...

ee and hin COME-AND-PLAY TENNIS SESSIONS

INFORMAL, FRIENDLY, ALL WELCOME, BALLS PROVIDED, RACKETS AVAILABLE TOO

GREAT VALUE MEMBERSHIPS ALSO AVAILABLE

Dacre Tennis Club is volunteer-run for both friendly social tennis and

three brand new, all-year artificial

plays in local competitive leagues.

grass courts and can join in the

frequent social tennis sessions and club competitions. The club

Junior and adult coaching

available too.

match tennis. All welcome!

Members have free use of the

New adult member annual subscriptions only about £6/month for unlimited use of the courts, friendly club social tennis sessions, competitions, and more. Juniors are less than £3/month and coaching is also available.

FREE SESSION DATES: (Just drop in!)

Sat 15th April 2-5 pm Weds 10th May 1.30-3.30 pm Weds 17th May 1.30-3.30 pm Weds 24th May 1.30-3.30 pm

CONTACT

http://www.dacretennis.net or call Jane on 07714 707890 or find us on Facebook

LOCATION: Max Pullan Sports Field, Dacre Banks, HG3 4EB

INFO:



above need to register and add your child's details. If y registered, just go straight to the booking page

If you have any issues please contact Chris on the number above

Multi sports (including EASTER games)

Please bring healthy snacks, lunch and a bottle of water

9am! *THURSDAY 6TH APRIL IS EASTER EGG HUNT DAY!







Mon 17th April 6-8 pm