



Federation PE Long Term Plan

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 1 (R/Y1)	Introduction to PE & Fundamentals 1	Introduction to PE 2 & Gymnastics	Dance 1 & Gymnastics 2	Dance 2 & Fundamentals 2	Games 1 & Ball Skills	Games 2 & Ball Skills 2
Class 2 (Y2/3)	Fundamentals & Ball Skills	Yoga & Dance	Gymnastics & Swimming	Net and Wall Games & Target Games	Sending and Receiving & Fitness 1	Striking and Fielding & Athletics
Class 3 (Y4,5,6)	Football & Hockey	Yoga & Dance	Gymnastics & Swimming	Netball & Tag Rugby	Tennis & Volleyball	OAA & Athletics

- Forest School to replace the aspect of PE in that term.